

**BALTIMORE COUNTY PUBLIC SCHOOLS**  
**Office of Food and Nutrition Services**

*This institution is an equal opportunity provider.*

**Elementary School Menu**

**December 2018**



**Don't forget to check out the monthly featured vegetable tasting!**




*Menu subject to change without prior notice.*

**Elementary School Meal Prices**

Breakfast	\$1.40	Reduced Price	\$0.00
Lunch	\$2.90	Reduced Price	\$0.00

Prepay for your child's meals!  
 Visit <http://www.myschoolbucks.com/> to enroll.

**Free and Reduced-Price Meals apply online at**  
<https://mealapps.bcps.org1fserver/EFORM>

Monday	Tuesday	Wednesday	Thursday	Friday
<b>3</b>	<b>4</b>	<b>5</b>	<b>6</b>	<b>7</b>
Pancakes w/Turkey Sausages Hot Dog on Roll Yogurt & String Cheese w/Granola Clusters  Gold Rush Juice Crunchy Cucumbers & Cherry Tomatoes Warm Cinnamon Apples Assorted Fresh Fruits & Vegetables	Hamburger/Cheeseburger Chicken Drumstick w/Dinner Roll Yogurt & String Cheese w/Granola Clusters  Creamy Mashed Potatoes Gravy Broccoli Florets w/Ranch Dip Mandarin Oranges Assorted Fresh Fruits & Vegetables	Pizza, Cheese or Pepperoni Chicken Patty Sandwich Grilled Chicken Salad w/Wheat Crackers Yogurt & String Cheese w/Granola Clusters  Country Corn Applesauce Assorted Fresh Fruits & Vegetables	Spaghetti w/Meat Sauce & Garlic Breadstick Cheese Quesadillas Yogurt & String Cheese w/Granola Clusters  Sassy Salsa Rockin' Romaine & Spinach Salad Pineapple Assorted Fresh Fruits & Vegetables	Chicken Nuggets Cold Cut Sub Yogurt & String Cheese w/Granola Clusters  Bold Baked Beans Crunchy Celery Sticks w/Ranch Dip Peaches Assorted Fresh Fruits & Vegetables
<b>10</b>	<b>11</b>	<b>12</b>	<b>13</b> <b>Vegetable Tasting</b>	<b>14</b>
Mozzarella Dippers Teriyaki Chicken Nuggets w/Rice & Chow Mein Noodles Yogurt & String Cheese w/Granola Clusters  Marinara Sauce Groovy Green Beans Pears Assorted Fresh Fruits & Vegetables	Popcorn Chicken w/Cornbread Muffin Team BCPS Burger on Roll Yogurt & String Cheese w/Granola Clusters  Brainy Broccoli w/Cheese Sauce Apple Fruit Pocket Peaches Assorted Fresh Fruits & Vegetables	Pizza, Cheese or Pepperoni Beef Ravioli w/Garlic Breadstick Tuna Salad Box w/Wheat Crackers Yogurt & String Cheese w/Granola Clusters  Mighty Collard Greens Applesauce Assorted Fresh Fruits & Vegetables	Taco or Taco Salad w/Scoops Chips Corn Dog Yogurt & String Cheese w/Granola Clusters   <b>Rutabaga Tasting!</b> Sassy Salsa Fiesta Black Beans Country Corn Mixed Fruit Assorted Fresh Fruits & Vegetables	Chicken Nuggets Macaroni & Cheese w/Cornbread Muffin Yogurt & String Cheese w/Granola Clusters  Glazed Baby Carrots Pineapple Assorted Fresh Fruits & Vegetables
<b>17</b>	<b>18</b>	<b>19</b>	<b>20</b>	<b>21</b>
Chicken Tenders w/Elf Grahams Hamburger/Cheeseburger Yogurt & String Cheese w/Granola Clusters  Crunchy Cucumbers & Cherry Tomatoes Bold Baked Beans Peaches Assorted Fresh Fruits & Vegetables	Hot Dog on Roll Chicken Drumstick w/Dinner Roll Yogurt & String Cheese w/Granola Clusters  Brainy Broccoli Crunchy Celery Sticks w/Ranch Dip Mandarin Oranges Assorted Fresh Fruits & Vegetables	Pizza, Cheese or Pepperoni Turkey BLT Salad w/Wheat Crackers Yogurt & String Cheese w/Granola Clusters  Gold Rush Juice Country Corn Pears Assorted Fresh Fruits & Vegetables	Chicken Patty Sandwich Lasagna w/Garlic Breadstick Yogurt & String Cheese w/Granola Clusters  Roasted Butternut Squash Applesauce Assorted Fresh Fruits & Vegetables	Chicken Nuggets Pizza Bagels Yogurt & String Cheese w/Granola Clusters  Manager's Choice Vegetable Mixed Fruit Assorted Fresh Fruits & Vegetables

**AVAILABLE DAILY**

**A variety of milk (1% white, fat free white/chocolate/strawberry) and fresh fruits and vegetables.**

**Cheese Sandwich**

Monday	Tuesday	Wednesday	Thursday	Friday
24	25	26	27	28
<b>Christmas Holiday/Winter Break</b> Schools and Offices Closed	<b>Christmas Holiday/Winter Break</b> Schools and Offices Closed	<b>Christmas Holiday/Winter Break</b> Schools and Offices Closed	<b>Christmas Holiday/Winter Break</b> Schools and Offices Closed	<b>Christmas Holiday/Winter Break</b> Schools and Offices Closed
31				
<b>Christmas Holiday/Winter Break</b> Schools and Offices Closed				



**Breakfast in the Classroom (BIC) schools, please visit [www.bcps.org/parents/](http://www.bcps.org/parents/) and click on “Printable Menus” under Student Meals for your offerings.**

**BREAKFAST MEAL PATTERN**

Components	Monday	Tuesday	Wednesday	Thursday	Friday
<b>Entrée/Grain 1 oz.</b> <i>Select 1 or 2</i>  <b>OR</b>	Cereal Bar Cereal Bowl Elf Grahams String Cheese Yogurt	Cereal Bar Cereal Bowl Elf Grahams String Cheese Yogurt	Cereal Bar Cereal Bowl Elf Grahams String Cheese Yogurt	Cereal Bar Cereal Bowl Elf Grahams String Cheese Yogurt	Cereal Bar Cereal Bowl Elf Grahams String Cheese Yogurt
<b>Entrée/Grain 2 oz.</b> <b>OR</b>	French Toast Sticks	Breakfast Pizza	*Savory Bread	**BeneFIT Breakfast Bar	Flapstick
<b>Breakfast Break Bag</b> (contains– grain item, cereal box, juice box)	Breakfast Break Bag	Breakfast Break Bag	Breakfast Break Bag	Breakfast Break Bag	Breakfast Break Bag
<b>Fruit</b> <i>Select 1 or 2</i>	100% Fruit Juice Fresh, Canned or Dried Fruit	100% Fruit Juice Fresh, Canned or Dried Fruit	100% Fruit Juice Fresh, Canned or Dried Fruit	100% Fruit Juice Fresh, Canned or Dried Fruit	100% Fruit Juice Fresh, Canned or Dried Fruit
<b>Milk</b> <i>Select 1</i>	1% Milk (unflavored) Fat Free Milk (flavored)	1% Milk (unflavored) Fat Free Milk (flavored)	1% Milk (unflavored) Fat Free Milk (flavored)	1% Milk (unflavored) Fat Free Milk (flavored)	1% Milk (unflavored) Fat Free Milk (flavored)

**\*Savory Bread flavors vary monthly to include: blueberry, banana, pumpkin, zucchini and chocolate.**

**\*\*BeneFIT Breakfast Bar flavors will vary monthly to include: oatmeal chip, french toast, banana chocolate chip and apple cinnamon.**