

BALTIMORE COUNTY PUBLIC SCHOOLS
Office of Food and Nutrition Services

This institution is an equal opportunity provider.

Elementary School Menu
February 2019



Elementary School Meal Prices

Breakfast	\$1.40	Reduced Price	\$0.00
Lunch	\$2.90	Reduced Price	\$0.00

Prepay for your child's meals!

Visit <http://www.myschoolbucks.com/> to enroll.

Free and Reduced-Price Meals apply online at

<https://mealapps.bcps.org/1fserver/EFORM>

Cafeteria Workers and Substitutes Needed!

Starting salary is \$10.72/hour for cafeteria workers and \$10.10/hour for substitutes. Apply online at <https://applitrack.com/bcps.onlineapp/>

Menu subject to change without prior notice.

Monday	Tuesday	Wednesday	Thursday	Friday
				1 Rock Your Red
Rock Your Red! February is National Heart Month. Eat healthy and exercise daily.				Chicken Nuggets w/Elf Grahams Turkey Salad on Croissant Yogurt & String Cheese w/Granola Clusters Terrific Tossed Salad Pears Rips Frozen Juice Assorted Fresh Fruits & Vegetables
4	5 Chinese New Year	6	7	8
Pancakes w/Turkey Sausages Hot Dog on Roll Yogurt & String Cheese w/Granola Clusters Gold Rush Juice Crunchy Cucumbers & Cherry Tomatoes Warm Cinnamon Apples Assorted Fresh Fruits & Vegetables	Hamburger/Cheeseburger Kung Pao Chicken w/Rice Yogurt & String Cheese w/Granola Clusters Vegetable Egg Roll Broccoli Florets Mandarin Oranges Assorted Fresh Fruits & Vegetables	Pizza, Cheese or Pepperoni Turkey BLT Salad w/Wheat Crackers Yogurt & String Cheese w/Granola Clusters Seasoned Potato Wedges Applesauce Assorted Fresh Fruits & Vegetables	Spaghetti w/Meat Sauce & Garlic Breadstick Cheese Quesadillas Yogurt & String Cheese w/Granola Clusters Sassy Salsa Rockin' Romaine & Spinach Salad Pineapple Assorted Fresh Fruits & Vegetables	Chicken Nuggets w/Cheez-It Crackers Cold Cut Sub Yogurt & String Cheese w/Granola Clusters Bold Baked Beans Crunchy Celery Sticks Peaches Assorted Fresh Fruits & Vegetables
11	12	13	14 Happy Valentine's Day	15
Mozzarella Dippers Teriyaki Chicken Nuggets w/Rice Yogurt & String Cheese w/Granola Clusters Groovy Green Beans Marinara Sauce Pears Assorted Fresh Fruits & Vegetables	Fish Nuggets w/Cornbread Muffin Macaroni & Cheese w/Cornbread Muffin Yogurt & String Cheese w/Granola Clusters Glazed Baby Carrots Peaches Assorted Fresh Fruits & Vegetables	Pizza, Cheese or Pepperoni Beef Ravioli w/Garlic Breadstick Tuna Salad Box w/Wheat Crackers Yogurt & String Cheese w/Granola Clusters Mighty Collard Greens Applesauce Assorted Fresh Fruits & Vegetables	Taco or Taco Salad w/Scoops Chips Corn Dog Yogurt & String Cheese w/Granola Clusters ♥Free Bag of Heartzels Pretzels Sassy Salsa Fiesta Black Beans Country Corn Mixed Fruit Assorted Fresh Fruits & Vegetables	Chicken Nuggets w/Elf Grahams Cold Ham & Cheese Sub Yogurt & String Cheese w/Granola Clusters Brainy Broccoli w/Cheese Sauce Pineapple Assorted Fresh Fruits & Vegetables

AVAILABLE DAILY

A variety of milk (1% white, fat free white/chocolate/strawberry) and fresh fruits and vegetables.

Cheese Sandwich

Monday	Tuesday	Wednesday	Thursday	Friday
18 Presidents' Day Schools and Offices Closed	19 Popcorn Chicken w/Cornbread Muffin Hamburger/Cheeseburger on Roll Yogurt & String Cheese w/Granola Clusters Crunchy Carrots & Cherry Tomatoes Bold Baked Beans Peaches Assorted Fresh Fruits & Vegetables	20 Pizza, Cheese or Pepperoni Lasagna w/Garlic Breadstick Grilled Chicken Salad w/Wheat Crackers Yogurt & String Cheese w/Granola Clusters Country Corn Gold Rush Juice Pears Assorted Fresh Fruits & Vegetables	21 Chicken Tenders w/Dinner Roll Ham & Cheese Ripper Yogurt & String Cheese w/Granola Clusters Roasted Butternut Squash Rockin' Romaine & Spinach Salad Applesauce Assorted Fresh Fruits & Vegetables	22 Chicken Nuggets w/Cheez-It Crackers Grilled Cheese Yogurt & String Cheese w/Granola Clusters Tempting Tomato Soup Mixed Fruit Assorted Fresh Fruits & Vegetables
25 Mozzarella Dippers BBQ Pulled Chicken Sandwich Yogurt & String Cheese w/Granola Clusters Smile Potatoes Marinara Sauce Peaches Assorted Fresh Fruits & Vegetables	26 Hot Dog on Roll Orange Chicken w/Rice Yogurt & String Cheese w/Granola Clusters Groovy Green Beans Yummy Baby Carrots Pineapple Assorted Fresh Fruits & Vegetables	27 Pizza, Cheese or Pepperoni Sloppy Joe on Roll Ham Chef Salad w/Wheat Crackers Yogurt & String Cheese w/Granola Clusters Lovely Lima Beans Mandarin Oranges Assorted Fresh Fruits & Vegetables	28 Taco or Taco Salad w/Scoops Chips Corn Dog Yogurt & String Cheese w/Granola Clusters Country Corn Sassy Salsa Fiesta Black Beans Mixed Fruit Assorted Fresh Fruits & Vegetables	



Breakfast in the Classroom (BIC) schools, please visit www.bcps.org/parents/ and click on "Printable Menus" under Student Meals for your offerings.

BREAKFAST MEAL PATTERN

Components	Monday	Tuesday	Wednesday	Thursday	Friday
Entrée/Grain 1 oz. <i>Select 1 or 2</i> OR	Cereal Bar Cereal Bowl Elf Grahams String Cheese Yogurt	Cereal Bar Cereal Bowl Elf Grahams String Cheese Yogurt	Cereal Bar Cereal Bowl Elf Grahams String Cheese Yogurt	Cereal Bar Cereal Bowl Elf Grahams String Cheese Yogurt	Cereal Bar Cereal Bowl Elf Grahams String Cheese Yogurt
Entrée/Grain 2 oz. OR	French Toast Sticks	Breakfast Pizza	*Savory Bread	**BeneFIT Breakfast Bar	Flapstick
Breakfast Break Bag (contains– grain item, cereal box, juice box)	Breakfast Break Bag	Breakfast Break Bag	Breakfast Break Bag	Breakfast Break Bag	Breakfast Break Bag
Fruit <i>Select 1 or 2</i>	100% Fruit Juice Fresh, Canned or Dried Fruit	100% Fruit Juice Fresh, Canned or Dried Fruit	100% Fruit Juice Fresh, Canned or Dried Fruit	100% Fruit Juice Fresh, Canned or Dried Fruit	100% Fruit Juice Fresh, Canned or Dried Fruit
Milk <i>Select 1</i>	1% Milk (unflavored) Fat Free Milk (flavored)	1% Milk (unflavored) Fat Free Milk (flavored)	1% Milk (unflavored) Fat Free Milk (flavored)	1% Milk (unflavored) Fat Free Milk (flavored)	1% Milk (unflavored) Fat Free Milk (flavored)

***Savory Bread flavors vary monthly to include: blueberry, banana, pumpkin, zucchini and chocolate.**

****BeneFIT Breakfast Bar flavors will vary monthly to include: oatmeal chip, french toast, banana chocolate chip and apple cinnamon.**