

Elementary School Menu
May 2019



School Lunch Hero Day
May 3, 2019

Menu subject to change without prior notice.

Elementary School Meal Prices			
Breakfast	\$1.40	Reduced Price	\$0.00
Lunch	\$2.90	Reduced Price	\$0.00
Prepay for your child's meals! Visit http://www.myschoolbucks.com/ to enroll.			
Free and Reduced-Price Meals apply online at Online Meal Benefit Application			

Monday	Tuesday	Wednesday	Thursday	Friday
		1	2	3 School Lunch Hero Day
<p><i>Thank your cafeteria staff for all they do!</i></p>		Pizza—Cheese, Pepperoni or Veggie Turkey BLT Salad w/Wheat Crackers Yogurt & String Cheese w/Granola Clusters Seasoned Potato Wedges Applesauce Assorted Fresh Fruits & Vegetables	Cheese Quesadillas Spaghetti w/Meat Sauce & Garlic Breadstick Yogurt & String Cheese w/Granola Clusters Sassy Salsa Rockin' Romaine & Spinach Salad Pineapple Assorted Fresh Fruits & Vegetables	Chicken Nuggets w/Cheez-It Crackers Cold Cut Sub Yogurt & String Cheese w/Granola Clusters Bold Baked Beans Crunchy Celery Sticks RIPS Frozen Juice Peaches Assorted Fresh Fruits & Vegetables
6	7	8	9	10
Mozzarella Dippers Teriyaki Chicken Nuggets w/Rice Yogurt & String Cheese w/Granola Cluster Groovy Green Beans Marinara Sauce Pears Assorted Fresh Fruits & Vegetables	Fish Nuggets w/Cornbread Muffin Macaroni & Cheese w/Cornbread Muffin Yogurt & String Cheese w/Granola Clusters Glazed Baby Carrots Peaches Assorted Fresh Fruits & Vegetables	Pizza—Cheese, Pepperoni or Veggie Beef Ravioli w/Garlic Breadstick Tuna Salad Box w/Wheat Crackers Yogurt & String Cheese w/Granola Clusters Mighty Collard Greens Applesauce Assorted Fresh Fruits & Vegetables	Corn Dog Taco or Taco Salad w/Scoops Chips Yogurt & String Cheese w/Granola Clusters Fiesta Black Beans Country Corn Sassy Salsa Mixed Fruit Assorted Fresh Fruits & Vegetables	Chicken Nuggets w/Elf Grahams Ham (Turkey) & Cheese Sub Yogurt & String Cheese w/Granola Clusters Brainy Broccoli w/Cheese Sauce Pineapple Assorted Fresh Fruits & Vegetables
13	14	15	16	17
Popcorn Chicken w/Cornbread Muffin Hamburger/Cheeseburger on Roll Yogurt & String Cheese w/Granola Clusters Crunchy Cucumbers & Cherry Tomatoes Bold Baked Beans Peaches Assorted Fresh Fruits & Vegetables	Chicken Patty Sandwich General Tso's Beef w/Rice Yogurt & String Cheese w/Granola Clusters Brainy Broccoli Crunchy Celery Sticks Mandarin Oranges Assorted Fresh Fruits & Vegetables	Pizza—Cheese, Pepperoni or Veggie Lasagna w/Garlic Breadstick Grilled Chicken Salad w/Wheat Crackers Yogurt & String Cheese w/Granola Clusters Country Corn Gold Rush Juice Pears Assorted Fresh Fruits & Vegetables	Chicken Tenders w/Dinner Roll Ham & Cheese Ripper Yogurt & String Cheese w/Granola Clusters Roasted Butternut Squash Rockin' Romaine & Spinach Salad Applesauce Assorted Fresh Fruits & Vegetables	Chicken Nuggets w/Cheez-It Crackers Vegetable Pinwheel Yogurt & String Cheese w/Granola Clusters Marinara Sauce Mixed Fruit Assorted Fresh Fruits & Vegetables

AVAILABLE DAILY

A variety of milk (1% white, fat free white/chocolate/strawberry) and fresh fruits and vegetables.

Cheese Sandwich

Monday	Tuesday	Wednesday	Thursday	Friday
20 Mozzarella Dippers BBQ Grilled Chicken Sandwich Yogurt & String Cheese w/Granola Clusters NEW Emoji Potatoes Marinara Sauce Peaches Assorted Fresh Fruits & Vegetables	21 Hot Dog on Roll Orange Chicken w/Rice Yogurt & String Cheese w/Granola Clusters Groovy Green Beans Yummy Baby Carrots Pineapple Assorted Fresh Fruits & Vegetables	22 Pizza—Cheese, Pepperoni or Veggie Sloppy Joe on Roll Ham Chef Salad w/Wheat Crackers Yogurt & String Cheese w/Granola Clusters Lovely Lima Beans Mandarin Oranges Assorted Fresh Fruits & Vegetables	23 Corn Dog Taco or Taco Salad w/Scoops Chips Yogurt & String Cheese w/Granola Clusters Fiesta Black Beans Country Corn Sassy Salsa Mixed Fruit Assorted Fresh Fruits & Vegetables	24 Chicken Nuggets w/Elf Grahams Manager's Choice Entrée Yogurt & String Cheese w/Granola Clusters Manager's Choice Vegetable Pears Assorted Fresh Fruits & Vegetables
27 Memorial Day Observed Schools and Offices Closed	28 Pancakes w/Turkey Sausages Hot Dog on Roll Yogurt & String Cheese w/Granola Clusters Gold Rush Juice Crunchy Cucumbers & Cherry Tomatoes Warm Cinnamon Apples Assorted Fresh Fruits & Vegetables	29 Pizza—Cheese, Pepperoni or Veggie Turkey BLT Salad w/Wheat Crackers Yogurt & String Cheese w/Granola Clusters Seasoned Potato Wedges Applesauce Assorted Fresh Fruits & Vegetables	30 Cheese Quesadillas Spaghetti w/Meat Sauce & Garlic Breadstick Yogurt & String Cheese w/Granola Clusters Sassy Salsa Rockin' Romaine & Spinach Salad Pineapple Assorted Fresh Fruits & Vegetables	31 Chicken Nuggets w/CheeZ-It Crackers Cold Cut Sub Yogurt & String Cheese w/Granola Clusters Free Fun & Fitness Cookies Bold Baked Beans Crunchy Celery Sticks Peaches Assorted Fresh Fruits & Vegetables



Breakfast in the Classroom (BIC) schools, please visit www.bcps.org/parents/ and click on "Printable Menus" under Student Meals for your offerings.

BREAKFAST MEAL PATTERN

Components	Monday	Tuesday	Wednesday	Thursday	Friday
Entrée/Grain 1 oz. Select 1 or 2 OR	Cereal Bar Cereal Bowl Elf Grahams String Cheese Yogurt	Cereal Bar Cereal Bowl Elf Grahams String Cheese Yogurt	Cereal Bar Cereal Bowl Elf Grahams String Cheese Yogurt	Cereal Bar Cereal Bowl Elf Grahams String Cheese Yogurt	Cereal Bar Cereal Bowl Elf Grahams String Cheese Yogurt
Entrée/Grain 2 oz. OR	French Toast Sticks	Breakfast Pizza	*Savory Bread	**BeneFIT Breakfast Bar	Flapstick
Breakfast Break Bag (contains— grain item, cereal box, juice box)	Breakfast Break Bag	Breakfast Break Bag	Breakfast Break Bag	Breakfast Break Bag	Breakfast Break Bag
Fruit Select 1 or 2	100% Fruit Juice Fresh, Canned or Dried Fruit	100% Fruit Juice Fresh, Canned or Dried Fruit	100% Fruit Juice Fresh, Canned or Dried Fruit	100% Fruit Juice Fresh, Canned or Dried Fruit	100% Fruit Juice Fresh, Canned or Dried Fruit
Milk Select 1	1% Milk (unflavored) Fat Free Milk (flavored)	1% Milk (unflavored) Fat Free Milk (flavored)	1% Milk (unflavored) Fat Free Milk (flavored)	1% Milk (unflavored) Fat Free Milk (flavored)	1% Milk (unflavored) Fat Free Milk (flavored)

***Savory Bread flavors vary monthly to include: blueberry, banana, pumpkin, zucchini and chocolate.**

****BeneFIT Breakfast Bar flavors will vary monthly to include: oatmeal chip, french toast, banana chocolate chip and apple cinnamon.**