

BALTIMORE COUNTY PUBLIC SCHOOLS
Office of Food and Nutrition Services

This institution is an equal opportunity provider.

Elementary School Menu

November 2019



Menu subject to change without prior notice.

Elementary School Meal Prices			
Breakfast	\$1.40	Reduced Price	\$.00
Lunch	\$2.90	Reduced Price	\$.00
Prepay for your child's meals! Visit My School Bucks Web Site to enroll.			
Free and Reduced-Price Meals apply online at Online Meal Benefit Application			

American Education Week
November 18-22, 2019

Revised 10/28/2019

***** ANNOUNCEMENT *****

Baltimore County Public Schools is now hiring cafeteria workers. Regular positions available, summer and weekends off, opportunities for advancement and competitive benefits, substitute on-call positions available. Visit the [Office of Food and Nutrition Services Web site](#) or call 443-809-7872.

Monday	Tuesday	Wednesday	Thursday	Friday
				1
				Chicken Nuggets w/Elf Grahams Cold Cut Sub Yogurt & String Cheese w/Granola Clusters Rockin' Romaine & Spinach Salad Smile Potatoes Applesauce Assorted Fresh Fruits & Vegetables
4	5	6	7	8 *Schools Close 3 Hours Early
Pancakes w/Turkey Sausages Mozzarella Dippers Yogurt & String Cheese w/Granola Clusters Gold Rush Juice Marinara Sauce Warm Cinnamon Apples Assorted Fresh Fruits & Vegetables	Chicken Drumstick w/Dinner Roll Sloppy Joe on Roll Grilled Chicken Salad w/Wheat Crackers Yogurt & String Cheese w/Granola Clusters Roasted Butternut Squash Pears Assorted Fresh Fruits & Vegetables	Pizza—Cheese, Pepperoni or Veggie Teriyaki Chicken Nuggets w/Rice Yogurt & String Cheese w/Granola Clusters Brainy Broccoli Crunchy Celery Sticks Pineapple Assorted Fresh Fruits & Vegetables	Hot Dog on Roll Lasagna w/Garlic Breadstick Yogurt & String Cheese w/Granola Clusters Edamame Rockin' Romaine & Spinach Salad Applesauce Assorted Fresh Fruits & Vegetables	Chicken Nuggets w/Cheeze-It Crackers Manager's Choice Entrée Yogurt & String Cheese w/Granola Clusters Country Corn Peaches Assorted Fresh Fruits & Vegetables
11	12	13	14 Holiday Meal	15
Beef Ravioli w/Garlic Breadstick Ham & Cheese Ripper Yogurt & String Cheese w/Granola Clusters Mighty Collard Greens Mandarin Oranges Assorted Fresh Fruits & Vegetables	Hamburger/Cheeseburger on Roll Popcorn Chicken w/Cornbread Muffin Tuna Salad Box w/Wheat Crackers Yogurt & String Cheese w/Granola Clusters Bold Baked Beans Yummy Baby Carrots Pears Assorted Fresh Fruits & Vegetables	Pizza— Cheese, Pepperoni or Veggie Ham (Turkey) & Cheese Sub Yogurt & String Cheese w/Granola Clusters Terrific Tossed Salad Applesauce Assorted Fresh Fruits & Vegetables	Sliced Roast Turkey w/Dinner Roll Bologna & Cheese Sandwich Yogurt & String Cheese w/Granola Clusters Creamy Mashed Potatoes Gravy Groovy Green Beans Harvest Cookie Festive Fruit Cup Assorted Fresh Fruits & Vegetables	Chicken Nuggets w/Elf Grahams Manager's Choice Entrée Yogurt & String Cheese w/Granola Clusters Manager's Choice Vegetable Pineapple Assorted Fresh Fruits & Vegetables

***Elementary and Middle Schools Only**

AVAILABLE DAILY

A variety of milk (1% white, fat free white/chocolate/strawberry) and cheese sandwich.

Fresh fruits and vegetables may include: apples, oranges, bananas, grapes, seasonal fruits, carrots, celery, broccoli, cauliflower, cherry tomatoes and seasonal vegetables.

Monday	Tuesday	Wednesday	Thursday	Friday
18 Turkey Pot Pie/Biscuit Chicken & Cheese Quesadilla Yogurt & String Cheese w/Granola Clusters Gold Rush Juice Sassy Salsa Peaches Assorted Fresh Fruits & Vegetables	19 BBQ Grilled Chicken Sandwich Fish Nuggets w/Cornbread Muffin Turkey BLT Salad w/Wheat Crackers Yogurt & String Cheese w/Granola Clusters Country Corn Crunchy Celery Sticks Applesauce Assorted Fresh Fruits & Vegetables	20 Pizza— Cheese, Pepperoni or Veggie General Tso's Beef w/Rice Yogurt & String Cheese w/Granola Clusters Brainy Broccoli Crunchy Cucumbers & Cherry Tomatoes Pears Assorted Fresh Fruits & Vegetables	21 Corn Dog Rotini & Meat Sauce w/Garlic Breadstick Yogurt & String Cheese w/Granola Clusters Bold Baked Beans Rockin' Romaine & Spinach Salad Mixed Fruit Assorted Fresh Fruits & Vegetables	22 Elementary Schools Closed
25 Ham & Cheese Ripper Chicken Tenders w/Dinner Roll Yogurt & String Cheese w/Granola Clusters Lovely Lima Beans Pears Assorted Fresh Fruits & Vegetables	26 Hamburger/Cheeseburger on Roll Chicken Patty Sandwich Yogurt & String Cheese w/Granola Clusters Baked Beans Crunchy Cucumbers & Cherry Tomatoes Peaches Assorted Fresh Fruits & Vegetable	27 Pizza—Cheese, Pepperoni or Veggie Manager's Choice Entrée Yogurt & String Cheese w/Granola Clusters Baby Carrots Mandarin Oranges Assorted Fresh Fruits & Vegetables	28 	29 Schools and Offices Closed



Breakfast in the Classroom (BIC) schools, please visit www.bcps.org/offices/ofns for your offerings.



BREAKFAST MEAL PATTERN

Components	Monday	Tuesday	Wednesday	Thursday	Friday
Entrée/Grain 1 oz. Select 1 or 2 OR	Cereal Bar Elf Grahams String Cheese Yogurt	Cereal Bar Elf Grahams String Cheese Yogurt	Cereal Bar Elf Grahams String Cheese Yogurt	Cereal Bar Elf Grahams String Cheese Yogurt	Cereal Bar Elf Grahams String Cheese Yogurt
Entrée/Grain 2 oz. OR	Soft Cinnamon Toast Crunch Bar	Pop Tart	Savory Bread (flavors will vary monthly)	BeneFIT Bar (flavors will vary)	Raspberry Breakfast Bar
Entrée/Grain 2 oz.	French Toast Sticks	Breakfast Pizza	Egg & Sausage Breakfast Boat	Breakfast Burrito	Flapstick
Breakfast Break Bag (contains– grain item, cereal box, juice box)	Breakfast Break Bag	Breakfast Break Bag	Breakfast Break Bag	Breakfast Break Bag	Breakfast Break Bag
Fruit Select 1 or 2	100% Fruit Juice Fresh, Canned or Dried Fruit	100% Fruit Juice Fresh, Canned or Dried Fruit	100% Fruit Juice Fresh, Canned or Dried Fruit	100% Fruit Juice Fresh, Canned or Dried Fruit	100% Fruit Juice Fresh, Canned or Dried Fruit
Milk Select 1	1% Milk (unflavored) Fat Free Milk (flavored)	1% Milk (unflavored) Fat Free Milk (flavored)	1% Milk (unflavored) Fat Free Milk (flavored)	1% Milk (unflavored) Fat Free Milk (flavored)	1% Milk (unflavored) Fat Free Milk (flavored)