

BALTIMORE COUNTY PUBLIC SCHOOLS
Office of Food and Nutrition Services
This institution is an equal opportunity provider.

PRE-KINDERGARTEN BREAKFAST IN THE CLASSROOM
2018-2019

Component	Monday	Tuesday	Wednesday	Thursday	Friday
Grain/MMA 1 oz.	String Cheese	Cereal	Grahams (1 pk.)	Savory Bread	Yogurt 4 oz.
Fruit or 100% Juice ½ Cup	Applesauce	Orange Juice	Apple Slices	Mixed Fruit Cup Grapes (when available)	Apple Juice
Milk 1% or Non-fat 8 oz.	1% Milk	1% Milk	1% Milk	1% Milk	1% Milk

All three items must be served as a unit.

Cereals include: Frosted Mini Wheats, Cinnamon Rice Chex, and Rice Chex
Savory Breads include: Blueberry, banana, pumpkin, zucchini, and chocolate