

BALTIMORE COUNTY PUBLIC SCHOOLS
Office of Food and Nutrition Services

This institution is an equal opportunity provider.

Elementary School Menu
September 2018



Maryland Homegrown School Lunch Week
September 24–28, 2018
A variety of local foods will be offered!

Elementary School Meal Prices			
Breakfast	\$1.40	Reduced Price	\$.30
Lunch	\$2.90	Reduced Price	\$.40
Prepay for your child's meals! Visit http://www.myschoolbucks.com/ to enroll.			
Free and Reduced-Price Meals apply online at https://mealapps.bcps.org1fserver/EFORM			

Menu subject to change without prior notice.

Monday	Tuesday	Wednesday	Thursday	Friday
<p>*** ANNOUNCEMENT ***</p> <p><i>Baltimore County Public Schools is now hiring cafeteria workers. Regular positions available, summer and weekends off, opportunities for advancement and competitive benefits, substitute on-call positions available. Visit http://www.bcps.org/jobs/ or call 443-809-7872.</i></p>				1
3	4	5	6	7
<p>Labor Day Schools and Offices Closed</p>	<p>Welcome Back to School</p> <p>Chicken Tenders w/Cornbread Muffin Yogurt & String Cheese w/Granola Clusters</p> <p>Brainy Broccoli Yummy Baby Carrots Mixed Fruit Assorted Fresh Fruits & Vegetables</p>	<p>Pizza, Cheese or Pepperoni Yogurt & String Cheese w/Granola Clusters</p> <p>Lovely Lima Beans Mandarin Oranges Assorted Fresh Fruits & Vegetables</p>	<p>Taco or Taco Salad w/Scoops Chips Yogurt & String Cheese w/Granola Clusters</p> <p>Sassy Salsa Seasoned Black Beans Country Corn Pineapple Assorted Fresh Fruits & Vegetables</p>	<p>Chicken Nuggets Yogurt & String Cheese w/Granola Clusters</p> <p>Smile Potatoes Pears Assorted Fresh Fruits & Vegetables</p>
10	11	12	13	14
<p>Rosh Hashanah Schools and Offices Closed</p>	<p>Pancakes w/Turkey Sausages Hot Dog on Roll Yogurt & String Cheese w/Granola Clusters</p> <p>Gold Rush Juice Crunchy Cucumbers & Cherry Tomatoes Warm Cinnamon Apples Assorted Fresh Fruits & Vegetables</p>	<p>Pizza, Cheese or Pepperoni Cheesesteak Sub Grilled Chicken Salad w/Wheat Crackers Yogurt & String Cheese w/Granola Clusters</p> <p>Country Corn Applesauce Assorted Fresh Fruits & Vegetables</p>	<p>Spaghetti w/Meat Sauce & Garlic Breadstick Cheese Quesadillas Yogurt & String Cheese w/Granola Clusters</p> <p>Sassy Salsa Rockin' Romaine & Spinach Salad Pineapple Assorted Fresh Fruits & Vegetables</p>	<p>Chicken Nuggets Hamburger/Cheeseburger on Roll Yogurt & String Cheese w/Granola Clusters</p> <p>Bold Baked Beans Crunchy Celery Sticks w/Ranch Dip Peaches Assorted Fresh Fruits & Vegetables</p>

AVAILABLE DAILY

A variety of milk (1% white, fat free white/chocolate/strawberry) and cheese sandwich.

Fresh fruits and vegetables may include: apples, oranges, bananas, grapes, seasonal fruits, carrots, celery, broccoli, cauliflower, cherry tomatoes and seasonal vegetables.

Monday	Tuesday	Wednesday	Thursday	Friday
17 Mozzarella Dippers Teriyaki Chicken Nuggets w/Rice & Chow Mein Noodles Yogurt & String Cheese w/Granola Clusters Marinara Sauce Groovy Green Beans Pears Assorted Fresh Fruits & Vegetables	18 Popcorn Chicken w/Cornbread Muffin Team BCPS Burger on Roll Yogurt & String Cheese w/Granola Clusters Brainy Broccoli w/Cheese Sauce Peaches Assorted Fresh Fruits & Vegetables	19 <p style="text-align: center;">Yom Kippur Schools and Offices Closed</p>	20 Taco or Taco Salad w/Scoops Chips Corn Dog Yogurt & String Cheese w/Granola Clusters Sassy Salsa Country Corn Fiesta Black Beans Mixed Fruit Assorted Fresh Fruits & Vegetables	21 Chicken Nuggets Macaroni & Cheese w/Cornbread Muffin Yogurt & String Cheese w/Granola Clusters Glazed Baby Carrots Pineapple Assorted Fresh Fruits & Vegetables
24 Hamburger/Cheeseburger Chicken Tenders w/Elf Grahams Yogurt & String Cheese w/Granola Clusters Fresh Produce from Maryland Farms Bold Baked Beans Crunchy Cucumbers & Cherry Tomatoes Peaches Assorted Fresh Fruits & Vegetables	25 General Tso's Beef w/Rice and Chow Mein Noodles Chicken Drumstick w/Dinner Roll Yogurt & String Cheese w/Granola Clusters Fresh Produce from Maryland Farms Brainy Broccoli Crunchy Celery Sticks w/Ranch Dip Mandarin Oranges Assorted Fresh Fruits & Vegetables	26 Pizza, Cheese or Pepperoni Cheesesteak Sub 'NEW' Turkey BLT Salad w/Wheat Crackers Yogurt & String Cheese w/Granola Clusters Fresh Produce from Maryland Farms Country Corn Gold Rush Juice Pears Assorted Fresh Fruits & Vegetables	27 Chicken Patty on Roll Lasagna w/Garlic Breadstick Yogurt & String Cheese w/Granola Clusters Fresh Produce from Maryland Farms Rockin' Romaine & Spinach Salad Applesauce Assorted Fresh Fruits & Vegetables	28 Chicken Nuggets Cold Cut Sub Yogurt & String Cheese w/Granola Clusters Hot Dogs from Hoffman's Meats, Catonsville, MD. Roasted Butternut Squash Terrific Tossed Salad Mixed Fruit Assorted Fresh Fruits & Vegetables



Breakfast in the Classroom (BIC) schools, please visit www.bcps.org/parents/ and click on "Printable Menus" under Student Meals for your offerings.

BREAKFAST MEAL PATTERN

Components	Monday	Tuesday	Wednesday	Thursday	Friday
Entrée/Grain 1 oz. Select 1 or 2 OR	Cereal Bar Elf Grahams String Cheese Yogurt	Cereal Bar Elf Grahams String Cheese Yogurt	Cereal Bar Elf Grahams String Cheese Yogurt	Cereal Bar Elf Grahams String Cheese Yogurt	Cereal Bar Elf Grahams String Cheese Yogurt
Entrée/Grain 2 oz. OR	French Toast Sticks	Breakfast Pizza	*Savory Bread	Oatmeal Chip Bar	Flapstick
Breakfast Break Bag (contains- grain item, cereal box, juice box)	Breakfast Break Bag	Breakfast Break Bag	Breakfast Break Bag	Breakfast Break Bag	Breakfast Break Bag
Fruit Select 1 or 2	100% Fruit Juice Fresh, Canned or Dried Fruit	100% Fruit Juice Fresh, Canned or Dried Fruit	100% Fruit Juice Fresh, Canned or Dried Fruit	100% Fruit Juice Fresh, Canned or Dried Fruit	100% Fruit Juice Fresh, Canned or Dried Fruit
Milk Select 1	1% Milk (unflavored) Fat Free Milk (flavored)	1% Milk (unflavored) Fat Free Milk (flavored)	1% Milk (unflavored) Fat Free Milk (flavored)	1% Milk (unflavored) Fat Free Milk (flavored)	1% Milk (unflavored) Fat Free Milk (flavored)

*Savory bread flavors will vary monthly to include: blueberry, banana, pumpkin, zucchini and chocolate.