

BALTIMORE COUNTY PUBLIC SCHOOLS
Office of Food and Nutrition Services
This institution is an equal opportunity provider.



November 2019

Secondary School Breakfast in the Classroom

Revised 9/27/2019

Breakfast delivered to students and eaten in the classroom before the school day begins.

| | Monday | Tuesday | Wednesday | Thursday | Friday |
|------------------------|---|--|-----------------------------------|----------------------------|--------------------------------------|
| | 10/28 | 10/29 | 10/30 | 10/31 | 11/1 |
| Choose 1: | Breakfast Break Bag (includes juice) | Chocolate Benefit Bar | Soft Cinnamon Toast Crunch Bar | Pop Tart (2 pk.) | Assorted Entrees |
| Choose up to 2: | Amazin' Raisins & Peach Cup | Juice Craisins & Buddy Fruit Pouch | Juice Fresh Sliced Apples | Juice Grapes | Juice Assorted Fruit |
| Choose 1: | 1% White Milk Skim Milk | 1% White Milk Skim Milk | 1% White Milk Skim Milk | 1% White Milk Skim Milk | 1% White Milk Skim Milk |
| | 4 | 5 | 6 | 7 | 8 *Schools Close 3 Hrs. Early |
| Choose 1: | Breakfast Break Bag (includes juice) | Raspberry Bar or Cinnabar | Chocolate Muffin | Crunchmania | Assorted Entrees |
| Choose up to 2: | Amazin' Raisins & Pear Cup | Juice Craisins & Buddy Fruit Pouch | Juice Fresh Sliced Apples | Juice Applesauce Cup | Juice Assorted Fruit |
| Choose 1: | 1% White Milk Skim Milk | 1% White Milk Skim Milk | 1% White Milk Skim Milk | 1% White Milk Skim Milk | 1% White Milk Skim Milk |
| | 11 | 12 | 13 | 14 | 15 |
| Choose 1: | Breakfast Break Bag (includes juice) | Chocolate Bread | Mini Cinnis | Pop Tart (2 pk.) | Assorted Entrees |
| Choose up to 2: | Amazin' Raisins & Peach Cup | Juice Craisins & Buddy Fruit Pouch | Juice Fresh Sliced Apples | Juice Applesauce Cup | Juice Assorted Fruit |
| Choose 1: | 1% White Milk Skim Milk | 1% White Milk Skim Milk | 1% White Milk Skim Milk | 1% White Milk Skim Milk | 1% White Milk Skim Milk |

*Elementary and Middle Schools Only

Breakfast Break Bag consists of: Cereal Bar or Cereal, 100% Fruit Juice, Whole Grain Crackers

Juice – Rotate orange/apple juices daily

| | Monday | Tuesday | Wednesday | Thursday | Friday |
|------------------------|---|--|------------------------------|-------------------------------|-------------------------------|
| | 18 | 19 | 20 | 21 | 22 |
| Choose 1: | Breakfast Break Bag (includes juice) | Soft Cinnamon Toast Crunch Bar | Chocolate Benefit Bar | Cereal Bar | Assorted Entrees |
| Choose up to 2: | Amazin' Raisins & Pear Cup | Juice Craisins & Buddy Fruit Pouch | Juice Fresh Sliced Apples | Juice Mixed Fruit Cup | Juice Assorted Fruit |
| Choose 1: | 1% White Milk Skim Milk | 1% White Milk Skim Milk | 1% White Milk Skim Milk | 1% White Milk Skim Milk | 1% White Milk Skim Milk |
| | 25 | 26 | 27 | 28 | 29 |
| Choose 1: | Breakfast Break Bag (includes juice) | Chocolate Benefit Bar | Assorted Entrees | Thanksgiving Holiday | Thanksgiving Holiday |
| Choose up to 2: | Amazin' Raisins & Peach Cup | Juice Craisins & Buddy Fruit Pouch | Juice Assorted Fruit | Schools and Offices Closed | Schools and Offices Closed |
| Choose 1: | 1% White Milk Skim Milk | 1% White Milk Skim Milk | 1% White Milk Skim Milk | | |

Hot Breakfast Pizza will be served the week of November 4-8, 2019

Hot French Toast Sticks will be served the week of November 18-21, 2019