

Office of Food and Nutrition Services

October 2020 Menu

BALTIMORE COUNTY PUBLIC SCHOOLS

Menu is subject to change

October 5, 2020 Today's meals are:	October 7, 2020 Today's meals are:
<u>Breakfast</u>	<u>Breakfast</u>
🍏 Breakfast Break, Milk	🍏 Chocolate Chip Oatmeal Bar, Apple Slices, Milk
🍏 Crunchmania, Buddy Fruit, Milk	🍏 Savory Bread Slice, Juice, Milk
	🍏 Breakfast Pizza, Juice, Milk
<u>Lunch</u>	<u>Lunch</u>
🍏 Turkey and Cheese Anytimer, Sea Salt Chick Peas, Frozen Peach Cup, Milk	🍏 Deli Sandwich (Turkey), Fresh Broccoli, Frozen Strawberries, Milk
🍏 Pizza, Paradise Punch Veg Juice, Pear Cup, Milk	🍏 Taco Salad, Tostito Rounds, Salsa Cup, Black Beans, Peach Cup, Milk
	🍏 Chicken Patty w/Hamburger Bun, Corn, Applesauce, Milk

October 12, 2020 Today's meals are:	October 14, 2020 Today's meals are:
<u>Breakfast</u>	<u>Breakfast</u>
🍏 Breakfast Break, Milk	🍏 Chocolate Chip Muffin, Apple Slices, Milk
🍏 Crunchmania, Buddy Fruit, Milk	🍏 Pancake wrapped Sausage, Juice, Milk
	🍏 French Toast Sticks, Juice, Milk
<u>Lunch</u>	<u>Lunch</u>
🍏 Meal Break, Frozen Peach Cup, Milk	🍏 Hot Dog on Roll, Baked Beans, Frozen Strawberries, Milk
🍏 Ham & Cheese Ripper, Marinara Cup, Baby Carrots, Diced Pears or Fresh Fruit, Chocolate Milk	🍏 Rotini /w Meat Sauce, Garlic Bread Stick, Fresh Broccoli, Mandarin Oranges or Fresh Fruit, Milk
	🍏 Chicken Nuggets w/ Cornbread Muffin, Corn, Mixed Fruit Cup or Fresh Fruit, Milk

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October 19, 2020 Today's meals are:	October 21, 2020 Today's meals are:
<u>Breakfast</u>	<u>Breakfast</u>
 Breakfast Break , Milk	 Chocolate Chip Oatmeal Bar , Apple Slices, Milk
 Crunchmania , Craisins, Milk	 Savory Bread Slice , Juice, Milk
	 Breakfast Boat , Juice, Milk
<u>Lunch</u>	<u>Lunch</u>
 Beef & Cheese Taco Stick , Salsa, Baby Carrots, Frozen Peach Cup, Milk	 Deli (turkey) Sandwich on Sub Roll , Gold Rush Juice, Frozen Strawberry Cup, Milk
 Pizza , Green Beans, Pineapple Cup or Fresh Fruit, Milk	 Beef Ravioli & Garlic Breadstick , Fresh Broccoli, Diced Peaches or Fresh Fruit, Milk
	 Corn Dog , Corn, Applesauce or Fresh Fruit, Milk

October 26, 2020 Today's meal is:	October 28, 2020 Today's meals are:
<u>Breakfast</u>	<u>Breakfast</u>
 Breakfast Break , Milk	 Chocolate Chip Muffin , Apple Slices, Milk
 Crunchmania , Buddy Fruit, Milk	 Savory Bread Slice , Juice, Milk
	 Mini Pancakes w/Sausage (beef or turkey) , Juice, Milk
<u>Lunch</u>	<u>Lunch</u>
 Chicken Drumstick , Garlic Bread Stick, Paradise Punch Veg Juice, Frozen Peach Cup, Milk	 Hamburger with a Roll , Deli Roasted Potatoes, Frozen Strawberry Cup, Milk
 Mozzarella Sticks , Marinara Cup, Baby Carrots, Pear Cup or Fresh Fruit, Milk	 Macaroni & Cheese , Dinner Roll, Fresh Broccoli, Peach Cup or Fresh Fruit, Milk
	 Chicken Tenders w/Cornbread Muffin , Corn, Mixed Fruit Cup or Fresh Fruit, Milk

- **Breakfast Boat** is Turkey sausage crumbles, egg and cheese on a whole grain bread.
- **Meal Break, Sun Butter and Jelly** consists of: sun butter, cheese stick, raisins, vegetable juice, wheat crackers, and jelly pack
- **Meal Break, Cheese, Beef Stick** consists of: cheese stick, beef stick, vegetable juice, applesauce, strawberry, and Cheese-It crackers
- **Anytimer, Ham and Cheese** consists of: Ham (turkey), crackers, and cheese
- **Anytimer, Turkey and Cheese** consists of: Turkey, crackers, and cheese
- **Breakfast Breaks** consists of: *either* Cheerios cereal bar, apple juice, grahams, cinnamon
or Cinnamon Toast cereal bar, apple juice, animal crackers
or Cinnamon Toast cereal, apple juice, grahams, cinnamon
or Gold Grahams cereal, apple juice, animal crackers

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