

Revised 9/19/2019

**BALTIMORE COUNTY PUBLIC SCHOOLS**  
**Office of Food and Nutrition Services**  
*This institution is an equal opportunity provider.*

**PRE-KINDERGARTEN BREAKFAST IN THE CLASSROOM**  
**2019-2020**

<b>Component</b>	<b>Monday</b>	<b>Tuesday</b>	<b>Wednesday</b>	<b>Thursday</b>	<b>Friday</b>
Grain/MMA 1 oz	String Cheese	Cereal	Grahams (1pk)	4 oz. Yogurt	Cereal
Fruit or 100% Juice ½ Cup	Applesauce	Orange Juice	Apple Slices	Buddy Fruit Grapes (when available)	Apple Juice
Milk 1% or Non-fat 8 oz	1% Milk	1% Milk	1% Milk	1% Milk	1% Milk

All three items must be served as a unit.

Cereals include: Frosted Mini Wheats, Cinnamon Rice Chex, and Rice Chex